

# STRONGER TOGETHER.

TEAM ONLY STRONGER  
2021 – 2024 TRI-ANNUAL REPORT



# OUR FOUNDING DAUGHTER

- She was the victim of 10+ Felony Counts of Child Abuse & Molestation. She was required to take the stand to testify against her abuser at age 5; making her the youngest child to take the stand in San Diego county.
- She WAS a victim. Today she IS a Leader and Executive Youth Officer for her own 501(c)(3) Nonprofit Organization working to support her peers that have also been impacted by childhood abuse and trauma.
- She WAS a victim. Not anymore. Not ever again.
- Together, Arienne and Team Only Stronger will be the voice for the children whose innocent voices were stolen from them.
- Together, they will empower children, their families, and the community to not be afraid to come forward or speak out.
- Together, they strive to be a reminder for victims past & present, that they are not alone and that their future is so much brighter than the darkness of any past.
- It doesn't get easier, we only get stronger.



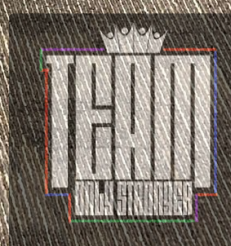
**ARIENNE MABALOT**  
**FOUNDER, CEO**





# OUR VISION

**TO BE A CATALYST FOR THE PREVENTION OF CHILDHOOD ABUSE AND TRAUMA; AND A SOURCE FOR INCREASED RESILIENCE FOR VICTIMS AND THEIR FAMILIES.**



# OUR MISSION

- We work to **Increase Resilience** for victims, **Inspire Prevention** and **Impact Prevalence** of Childhood Abuse and Trauma. Through strategic collaborations with an inspiring team of community champions, Team Only Stronger and its partners are committed to intentionally making a greater impact on preventing many problems children and youth face, including child physical/sexual abuse of all forms, bullying, school violence, substance abuse, and suicide.





# 2021 THE GRASS ROOTS

- Team Only Stronger began their mission with a Launch event that took place on March 13, 2021, at Drips Coffee in La Jolla where over 75 community supporters gathered to listen and speak up about the importance of connectedness and our goals to build a Team of community champions to fight against the stigma of childhood abuse and trauma.

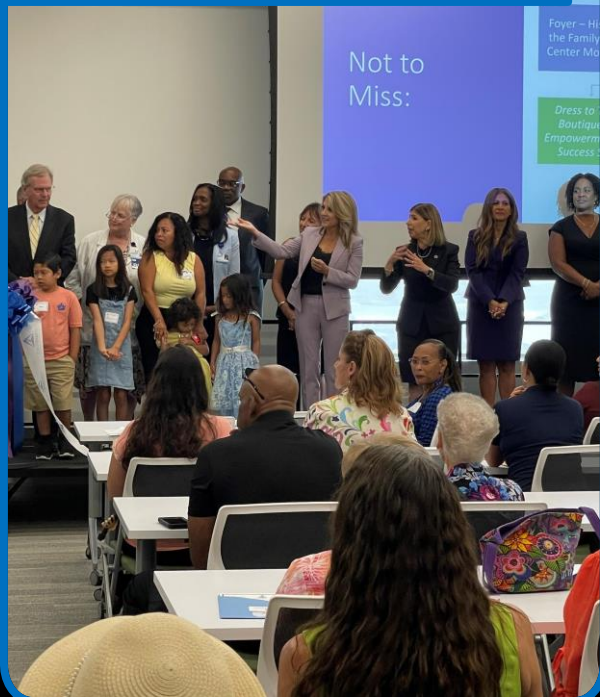


- Team Only Stronger began their efforts to increase resilience with an idea to provide peer support to child victims of abuse through a digital support initiative where they provided 300+ fidget/pop-it toys; QR coded with a video message of empowerment from Arieane to children that might be taking the stand in court against their abusers just like she did; in collaboration with the SD District Attorney Office, Victim Services Division.



# 2022 THE MOVEMENT

**January 2022**  
Official MOU Partnership  
with One Safe Place



**July 2022**  
Provided 555 QR Coded  
fidget/pop-it support  
toys to One Safe Place



**September 2022**  
Hosted Awareness Concert for 200+  
Attendees with local artists in Barrio Logan



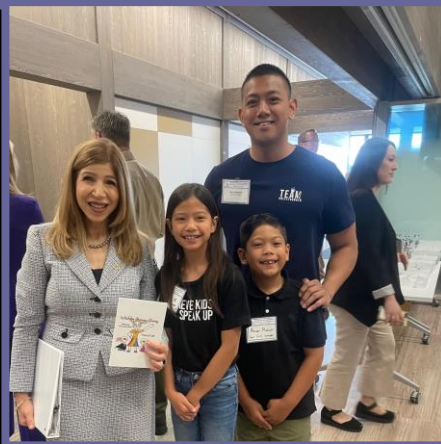
**December 2022**  
Team Only Stronger Podcast  
Episode Published.





# 2023 TOGETHER EVERYONE ACHIEVES MORE

- Arienne published children's book, "Warrior Princess Bunny" intended to educate children and spark the conversation of body awareness and appropriate vs inappropriate touching. Made available in English and Spanish languages.



- In September 2023, Team Only Stronger hosts Lahaina Strong Event to raise funds to support Maui Fires.



- Team Only Stronger receives proclamation from County Supervisor Nora Vargas and recognition from Mayor Todd Gloria declaring August 19 Team Only Stronger Day throughout county of San Diego.



- TEAMxS8MC speak on the Dr. B Podcast in May 2023 and Live at the Pacific Sovereignty Run Event in Anaheim, CA. in July 2023 reaching 2,000+ community members.

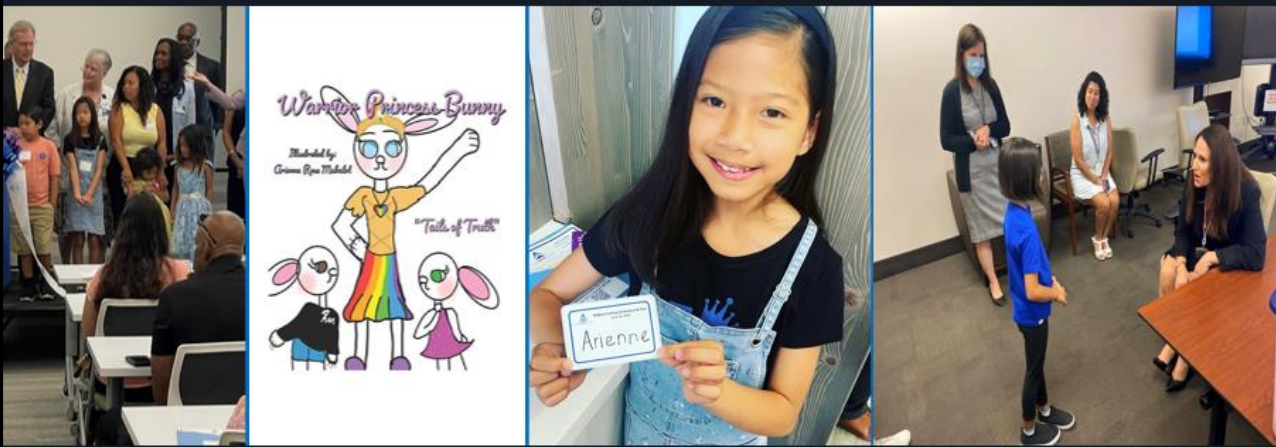


# CAMP HOPE PATHWAYS PROGRAM

- Through partnership with One Safe Place and Palomar Health, Team Only Stronger has contributed over \$7,000 in donated resources to the Camp HOPE Pathways program where the Team directly supported over 28 child victims and their families through facilitation of 4 resilience and leadership activities.







# COMMUNITY COLLABORATION

## THE YMCA OF SAN DIEGO COUNTY CHILDCARE RESOURCE SERVICE

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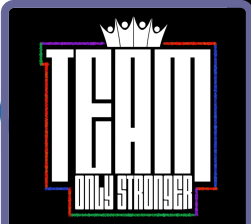


Since 2023, in honor of Child Abuse Awareness Month, Team Only Stronger facilitates trainings & support forums (in both Spanish and English) to over 100 home based childcare providers around the topic of child abuse prevention and prevalence in daycare facilities and family childcare homes in collaboration with the YMCA of San Diego County Childcare Resource Service.



### APRIL IS CHILD ABUSE AWARENESS MONTH

FCC SUPPORT GROUP APRIL 2023



# NONPROFIT & CORPORATE CITIZENSHIP AWARDS 2024

## MOST INNOVATIVE AWARENESS CAMPAIGN WINNER

### Team Only Stronger Brings Awareness to Prevalence of Child Abuse

**EDUCATION CAMPAIGN:** Multi-Media, Events Approach Shines Light on Troubling Topic

**Team Only Stronger** is a grassroots non-profit organization that aims to provide community-based education and support initiatives to challenge the stigmas of childhood abuse and trauma in order to empower victims to develop social/emotional competence and skills and to build healthy self-esteem and relationships.

A unique advantage of **Team Only Stronger's** efforts in raising awareness for child abuse prevention and resilience is the personal story of their founders. **Team Only Stronger** was founded by nine-year-old **Arienne Mabalot** and her father **Gary Mabalot** to speak up against child abuse and trauma. As a victim of multiple felony counts

of childhood sexual abuse and molestation at the age of 5, **Arienne** and **Gary Mabalot** have shared their story with thousands of community members and local organizations in hopes to raise awareness about the common but underestimated prevalence in households across the community.

The **Mabalots** share their message through virtual and in-person educational trainings, published podcasts, and awareness events where they provide insight on the perspective of victims lived experiences to justice advocates, law enforcement, childcare providers, and community supporters throughout San Diego County. This innovative approach has set a new standard for

raising awareness, demonstrating that vulnerability and courage to speak up can play a critical role in solving community issues associated with childhood abuse.

Over the past year, **Team Only Stronger** reached over 10,000 listeners, advocates, and attendees at multiple awareness events throughout Southern California. The organization provided over 1,000 children with digital support toys and books for at **North County Family Justice Center Safe Place**. **Team Only Stronger** also donated over \$5,000 in donations to the **Hope Pathways Program** in collaboration with **Palomar Health** and **One San Diego**. In addition, **Team Only Stronger** supported

over 200 childcare providers with awareness and educational training around the topic of child abuse prevention and prevalence in daycare facilities and family childcare homes. It also directly supported over 25 child victims and their families through resilience and leadership activities in collaboration with the **Camp Hope Pathways Program**. ■

# SAN DIEGO BUSINESS JOURNAL NONPROFIT & CORPORATE CITIZENSHIP AWARDS 2024

# MOST INNOVATIVE AWARENESS CAMPAIGN 2024



BJ's 2024 Nonprofit & Corporate Citizenship Awards Winners.



# COMMUNITY COLLABORATIONS



**ONE SAFE PLACE**  
THE NORTH COUNTY FAMILY JUSTICE CENTER



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# TEAM ONLY STRONGER SPONSORS 2023-2024

Goodlife



Imperial Ave  
CO-LAB



KENDRA  
SCOTT



Longball®



FY ACTIVITIES 11/1/21-10/31/22 (UNAUDITED)

EXPENSES

Fundraising Expenses

\$ -

\$ -

Other Expenses

\$ (3,825.23)

Total Expenses

\$ (3,825.23)

REVENUE

Cash Contributions

\$ 3,894.85

Non Cash Contributions

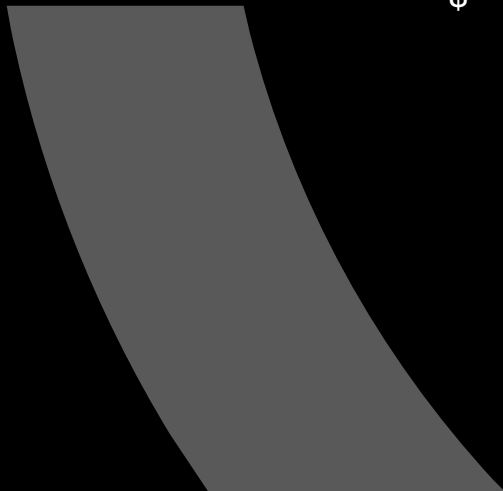
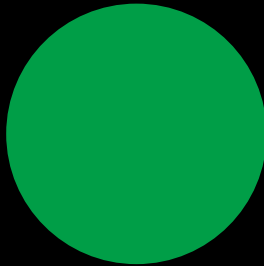
\$ -

Total Revenue

\$ 3,894.85

Net Revenue

\$ 69.62



FY ACTIVITIES 11/1/22-10/31/23 (UNAUDITED)

EXPENSES

Fundraising Expenses

\$ (4,764.13)

\$ (599.51)

Other Expenses

\$ (1,929.94)

Total Expenses

\$ (7,293.58)

REVENUE

Cash Contributions

\$ 1,054.42

Non Cash Contributions

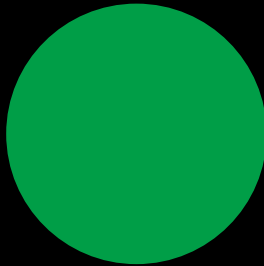
\$ 7,588.26

Total Revenue

\$ 8,642.68

Net Revenue

\$ 1,349.10



FY ACTIVITIES 11/1/23-10/31/24 (UNAUDITED)

EXPENSES

Fundraising Expenses

\$ -

\$ -

Other Expenses

\$ (3,968.50)

Total Expenses

\$ (3,968.50)

REVENUE

Cash Contributions

\$ -

Non Cash Contributions

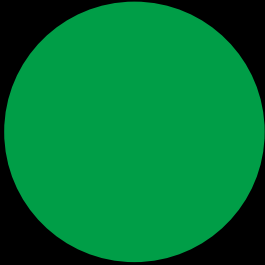
\$ -

Total Revenue

\$ -

Net Revenue

\$ (2,619.40)



# SUMMARY OF IMPACT

Presented with Special Commendation Recognition by Council President Pro Tem Monica Montgomery Steppe, City of San Diego Fourth District.

Selected as a Finalist for the 2024 San Diego Business Journal Nonprofit & Citizen Awards in the category for Most Innovative Awareness Campaign. Winners announced on September 10, 2024. [View SDBJ Special Edition](#)

Proclaimed by Chairwoman Nora Vargas and all members of the San Diego County Board of Supervisors on August 18, 2023, that they commend Team Only Stronger for outstanding service, leadership, and commitment the citizens of San Diego County and declared this day to be "TEAM ONLY STRONGER DAY" throughout San Diego County.

Reached over 10,000 listeners, advocates, and attendees at various child sexual abuse prevention & awareness events throughout Southern California.

Facilitated 4 trainings & support forums to over 100 home based childcare providers around the topic of child abuse prevention and prevalence in daycare facilities and family childcare homes in collaboration with the YMCA of San Diego County Childcare Resource Service.

Launched a series of podcasts discussing generational trauma and stigma with several community leaders, including San Diego City College social work professor Kirin Macapugay, MMA fighter Goyito Perez, Entrepreneur and KPBS featured tattoo artist Ron "the Kuya" Galido.

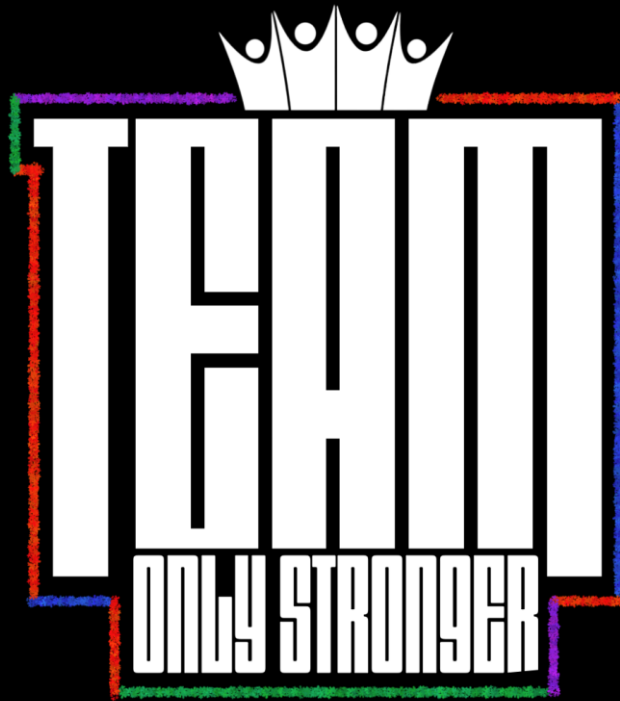
Donated and sold over 100 copies of the book, Warrior Princess Bunny: Tails of Truth, is written by Team Only Stronger CEO, Arienne Mabalot, as a communication and education tool encouraging other children to speak up and learn about body awareness and safety.

Contributed over \$7,000 in donated resources to the Camp HOPE Pathways program in collaboration with Palomar Health and One Safe Place where the Team directly supported over 25 child victims and their families through resilience and leadership activities.

Presented with Certificate of Mayoral Recognition by Mayor Todd Gloria on August 19, 2023.







[WWW.ONLYSTRONGER.ORG](http://WWW.ONLYSTRONGER.ORG)

INSTAGRAM: @IAM\_ONLYSTRONGER

